

Supporting you

Many cancer charities support just the patient, but CREST believes that families and carers are also affected, so we are here for them too.

For those who feel they have no one to talk to about their illness or their role as carer, there is always a friendly, listening ear at CREST.



We're here to help!

Much more information about CREST Cancer Support can be found on our website:

www.crestcancer.org.uk

We will be very pleased to take your call on:

01784 613971 / 07479 256866

If we are out an answering machine will take a message. We will call you back as soon as we can.

Alternatively please email us at:

enquiries@crestcancer.org.uk



CREST
Cancer Support

CREST Cancer Support
Spelthorne Borough Council • Knowle Green
Staines-upon-Thames • Middlesex • TW18 1XB

Reg Charity No. 1181505



CREST
Cancer Support



Enhancing the lives of cancer patients and their carers in Runnymede, Elmbridge, Spelthorne and surrounding areas

CREST Membership

CREST is different because it is a local charity run entirely by volunteers who give their time and expertise for free.

Membership of CREST Cancer Support is open to all cancer patients and their carers living in Runnymede, Elmbridge, Spelthorne and surrounding areas.

To join CREST please download a membership form from our website. You will receive invitations to all CREST activities and support services.

What we offer

CREST provides support to help anyone affected by cancer through:

- General and financial advice
- Links to other local and national organisations



Supportive therapies

Supportive therapies are widely used to improve the quality of life of both patients and carers.

Please enquire about subsidies for:

- Counselling for those in need of emotional support
- Wigs and headwear
- Compression hosiery and body garments
- Manual Lymphatic Drainage (MLD)
- Reiki Healing
- Podiatry
- Osteopathy
- Acupuncture
- Massage
- Reflexology
- Indian Head Massage



How can YOU help?

CREST does not receive any regular direct funding and must raise all the money it needs by itself. We rely entirely on donations to provide our services.

Please consider:

- Becoming a volunteer
- Joining our fundraising team
- Holding a sponsored event, raffle or coffee morning
- Having a collection tin at work
- Completing a CREST gift aid form
- Making a legacy to CREST
- Donating
 - shares by ShareGift
 - unwanted gifts or gift tokens
 - stamps and old coins
 - any amount you can afford

“When I joined CREST I was amazed at how much was being achieved by such a small number of people with little formal funding”

Every penny counts!